

Yoga Teacher Training Application

(use your word processing Application to answer the questions)

Name:

Address(w/city,state,zip):

Phone numbers:

Email:

Questions

1. For which level are you applying(300hr, 700hr, 1200hr):
2. How long have you been practicing yoga?
3. With whom have you studied? What styles were taught?
4. Describe your current practice. (Include asana, pranayama, meditation, prayer or other.)
5. For what reason(s) are you interested in this teacher certification program?
6. What other certification programs have you looked into?
7. What is your work/life situation like?
8. Are the people in your environment supportive of your yoga practice and your interest in teaching yoga?
9. What impediments to your commitment to this program do you foresee?
10. Describe your strengths and areas for improvement.
11. What effort are you making towards self-improvement?
12. Are you currently teaching yoga?
13. Why do you think you are/would be a good yoga teacher?
14. What is your occupation?
15. In what religion were you raised/reared, what is your present religious affiliation and/or do you believe in God or a divine intelligence?
16. What are your chief interests and activities?
17. What is your main ambition in life? What effort are you making towards that ambition?
18. What are your present spiritual practices?
19. What books/teachers have been most helpful to you and why?
20. What degrees and/or certificates do you currently hold?

Please mail application with \$30 application fee (you can pay online as well) and 4 references (2 personal and 2 from yoga teachers) to:

Surya Chandra Healing Yoga School
144 Church St, NW
Vienna, VA 20180